



January 30, 2025

Pope Francis at the Jubilee of Communicators: "Communication is what God does with His Son"

The first of the great Jubilee events of the Holy Year, the Jubilee dedicated to the World of Communications, ended on Sunday. Thousands of journalists, editors and industry professionals came to Rome from 139 countries round the world and were welcomed on Friday 24 January, to the Basilica of St John Lateran, where they took part in a penitential celebration and Mass.

The following morning, the communicators set off from Piazza Pia with the Jubilee cross, taking part in a pilgrimage of prayer towards the Holy Door of St. Peter's along the Via della Conciliazione. After the blessing in the Basilica, the participants headed for the Paul VI Hall for a meeting organized by the Dicastery for Communication followed by an audience with the Holy Father, Pope Francis.



Pope Francis delivers his message to journalists and communicators.

The round table session on the morning of Saturday, January 25 featured the journalist Maria Ressa who won the Nobel Peace Prize in 2021, and the Irish writer, Colum McCann.

Maria Ressa put the topic of the crisis of democracy at the center of her speech. "Collaborate, and seek the truth with moral clarity," she told those present, "because silence in the face of injustice is complicity. Then ... protect the most vulnerable and recognize your power."

Colum McCann continued with a similar plea: "If we live in times of rupture, then the new theme must be repair," he said. "Among the 'pilgrims of Hope' we honor here today are our journalists, our communicators who are in a privileged position to help tell the stories of others."

Following the presentations, the communicators rose to welcome the arrival of Pope Francis in the Sala Nervi. Pope Francis shared a brief message, *"I just wanted to say a word or two about communications. Communicating means going out of myself a little bit to give*

something of myself to the other. And communication is not only the transmission of news, but also the encounter with the other person. Knowing how to communicate is great wisdom, great wisdom! I am happy with this Jubilee of communicators. Your work is a work that builds ... it builds up society, it builds up the Church, it makes everyone move forward, as long as it is true (...) That is such a great test. Communicating is what God does with His Son, and God's communication with the Son is the Holy Spirit. Communicating something divine. Thank you for what you do."

The Jubilee concluded on Sunday, January 26, with the communicators participating in a Mass in St Peter's Basilica, presided over by the Pope, on the day the Sunday of the Word of God was celebrated. ~ *the official Jubilee Year website*

To learn more click [here](#)

Cabrinian Communicators: Sr. Eliane Azevedo da Silva, MSC, General Superior of the Missionary Sisters of the Sacred Heart, invited those who communicate on behalf of the Institute to Rome to participate in the Jubilee Communications meetings and liturgical rituals, saying, "I believe that positivity and boldness in communication is important. We want to go ahead in social communication presenting news that encourages people to learn about the Sacred Heart of Jesus and the mission embraced by St. Frances Xavier Cabrini. The aim of the international meeting is "to strengthen the work of communication in the Cabrini world by sharing meaningful practices and experience so that together we can form the global team 'Cabrini Communication' for the culture of peace and hope."

Honored to represent the Guadalupe Province were Nancy Costello, from Provincial Communications, Caitlin Della Rocca of the Cabrini Mission Foundation, and Vanessa Duenas from Guatemala. In addition to sharing practices and social media tools, the communicators also heard Fr. Pasqualetti, SBD who spoke about media/social media playing a role in democracy today as well as having the capacity to manipulate on a massive scale. Sara Braga led the communicators in group exercises designed to build unity in messaging and branding. The days together expanded and strengthened our Cabrinian ties in meaningful and practical ways and will enable us to "be messengers of hope" as Sr. Eliane stated in her closing remarks.



From left: Nancy Costello, Caitlin Della Rocca and Vanessa Duenas participated in the Jubilee of Communicators in Rome. They joined MSCs and lay collaborators from all the provinces and regions of the Institute.

CIS-NYC: A Beacon of Outreach and Information During Uncertain Times

Following the recent inauguration of the Trump Administration, Cabrini Immigrant Services- NYC (CIS-NYC) has been actively engaging in rapid response efforts to keep our communities safe. On Monday, we hosted a Know Your Rights training with 150 participants, ensuring that vital information reaches those who need it most. Through our Justice for Immigrants program, we are planning a series of upcoming events to continue this critical work.

This week, we have a Know Your Rights session with District Representative Adriano Espaillat, providing community members with key legal resources and protections. On Thursday, we will host a workshop with the NYC Comptroller's Office on labor rights, equipping workers with the knowledge they need to advocate for themselves.

Looking ahead to February, we are organizing various workshops, including a session on tax filing as an immigrant and a family preparedness workshop with our social services team to go over parental designation in NYC. These efforts aim to provide concrete tools for families navigating uncertainty.



Providing helpful information for community members, last week, CIS-NYC held a nutrition workshop.

In addition to our advocacy and education work, we remain committed to creating moments of joy and connection in our community. Last week, we launched this year's Nutrition Workshop—our second in-person group—run in partnership with Cornell Medicine. Thirteen participants joined the first session, which focuses on supporting parents, caregivers, and grandparents in providing better nutrition for children.

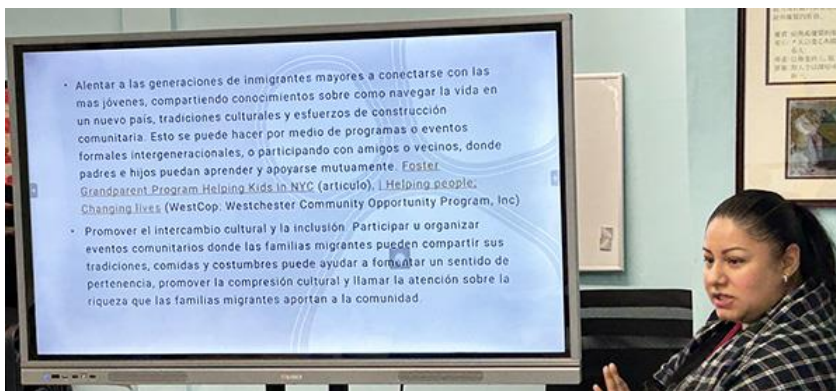
We're also excited to announce the return of our activity classes, beginning with a session on salsa dancing. These gatherings offer a space for our members to relax and have fun.

~ submitted by Amelia Scodris, Community Organizer, CIS-NYC

Equipping People for the Future

Cabrini Immigrant Services (CIS), Dobbs Ferry, held a workshop entitled, "Construyendo su aldea en el 2025: Abogando y fortaleciéndose en el nuevo año" ("Building Your Village in 2025: Advocating and Growing Stronger in the New Year"). The workshop was presented by Betsy Suarez, a licensed mental health counselor. In light of the possible changes that may take place for immigrants, we wanted everyone to be equipped with as much information as possible.

Betsy spoke about the importance of coming together to support one another. She provided everyone with a list of resources that are available to them both in Dobbs Ferry and in Westchester County. The participants were also encouraged to talk about their culture and their traditions to the younger generation. She spoke about the importance of keeping their stories alive.



Betsy Suarez, a licensed mental health counselor, presented a workshop on building community and advocacy, at Cabrini Immigrant Services in Dobbs Ferry, NY.

Everyone left feeling empowered and grateful for the information that was shared. We look forward to Betsy returning soon.

~ submitted by Lorraine Campanelli, Director, CIS-Dobbs Ferry, NY

One Minute Meditation Dryness in Prayer

Why does God lead us to ordinary times of praying, which we so quickly label as dry and boring? God may be gently tilling the soil of your soul for some future harvest, preparing the ground for a bold insight or a deeper emotional experience to come. God may use times of dryness to heighten your sense of God's presence, so you will be aware of that presence at a later time. Remember, in ordinary times of praying, we may feel that God is not there or not listening. To the contrary, God is there, but not as we imagine or have experienced in the past. Be faithful. God is always close.

Cabrini Women Embrace STEM During Fascinating Science Lab Activities - Part II

To wrap up their study of the nervous system, anatomy students delved into the fascinating world of sensory perception. Through creative activities like color blindness tours and blind taste tests using soda and Skittles, students discovered the science behind how we perceive taste and sight. Mapping the tongue's sensitivity to sweet, sour, bitter, and salty flavors gave students a better understanding of how taste buds function. Meanwhile, a sensory prick test revealed which parts of the body are most sensitive to touch, while an exploration of the blind spot demonstrated how our eyes adjust to missing visual information. These hands-on laboratories made the abstract concepts of sensory science tangible and memorable.



Tastebuds in Action! CHS students explored how humans perceive flavor and mapped tongue sensitivity conducting blind taste tests.

In addition to anatomy, our AP Biology students recently explored the building blocks of life by constructing DNA models and tracing its journey through



Biology I students try their hands at test tube experiment.

replication, transcription, and translation. These activities brought complex molecular processes to life, helping students visualize how genetic information is copied and expressed.

The innovative lab sessions at Cabrini High School exemplify its commitment to applied learning in STEM education. By fostering wonder, creativity, and critical thinking, anatomy and biology students are not just gaining knowledge of science—they're experiencing it firsthand.

Our Biology I Crescents put on their lab gear and dove into some hands-on science. They combined Chlorella algae with sodium alginate to create algae beads, then placed them in test tubes with a pH bicarbonate indicator to track carbon dioxide concentration changes. By covering the test tubes with different colored papers, they'll observe how light impacts CO₂ levels and pH. Science, creativity, and discovery—just another day at Cabrini, where inspiration is around every corner!"

~ submitted by Anne Argus DiPaola, '96 Cabrini High School, Director of Communications

Well now, this doesn't happen very often!



Yippee!!! It's snowing!! A CHS student expresses her exhilaration as the snow continues to fall.

SNOW
in NEW
ORLEANS!!
It was such a fun
and memorable
moment for the
students, all of us.
For one day, we
were ALL children
again. A whole
foot in NOLA!

Who knew?!
~ Anne Argus DiPaola '96



A rare and magnificent scene on Esplanade Avenue.

For more photos shot by Fox 8 news team: <https://www.facebook.com/share/r/15VVtDTpmM/>



Prayer Requests

For our Immigrant Sisters and Brothers

We continue to hold our immigrant brothers and sisters in our prayers during these times. We pray for their safety and well-being.

In Loving Memory

Airplane tragedy

We pray for all those who perished in the helicopter and airplane crash last evening in Washington, D.C. We pray for the strength and comfort of their families and loved ones as they cope with this devastating loss.

Joseph Anello

Please pray for the repose of the soul of Joseph Anello, the cousin of Sr. Bernadette Anello, MSC, who returned home to God on Jan. 28th. May he rest in peace.

Sr. Beatriz Santos, MSC



Repose of the Soul Sr. Beatriz Santos, MSC

With great sadness, we announce the loss of our dear, Sr. Beatriz Santos, who went home to God today, January 21st in Australia.

This past week as many know, Sr. Beatriz was in a severe car accident which left her comatose over these last few days. During this time, she was not alone and was accompanied by the staff of Cabrini Australia Hospital and Sr. Theresa. The Missionary Sisters are so grateful for their support and walking this last part of her Journey with Beatriz.

We hold Beatriz in our hearts and prayers during this time.
More information to follow.

Grant Eternal Rest, O Lord, to our dear Sr. Beatriz. She has been taken from us so suddenly and unexpectedly.
At a time like this we are reminded of the fragility of life, our fleeting place in the world.
Now we pray for our Sister Beatriz who is in your presence surrounded by radiance, peace, and infinite love.

May your perpetual light shine upon Beatriz
as she now enjoys the company of your Divine Love.

