



November 21, 2024

# A Thanksgiving Blessing

May your basket of blessings surprise you  
with its rich diversity of gifts and  
opportunities for growth.

May all that nourishes and resources your life  
bring you daily satisfaction and renewed hope.

May you slow your hurried pace of life  
so that you can be aware of, and enjoy,  
what you too easily take for granted.

May you always be open, willing  
and ready to share your blessings with others.

May you never forget the Generous One  
who loves you lavishly and unconditionally.

*~ Joyce Rupp, Anchors for the Soul*



## Cabrini High School Honors Mother Cabrini's Living Legacy During Weeklong Tribute



This colorful banner says it all! Campus Ministry Team students hang the banner announcing this special week honoring Mother Cabrini.

Cabrini High School in New Orleans enjoyed an unforgettable Mother Cabrini Week, a heartfelt celebration of Mother Cabrini's enduring legacy of faith and service. The week overflowed with activities honoring Mother Cabrini's influence and impact on our community, culminating in moments of reflection, generosity, and lots of school-wide fun.



Students process during the special Feast Day Mass

Each day highlighted a class mascot—Hearts, Doves, Violets, Stars, and Angels—symbols drawn from the school crest and Mother Cabrini's life experiences. Students, faculty, and staff also participated in lunchtime activities, from chalk art depicting Mother Cabrini's life to trivia games, and crafting paper boats with violets, inspired by Mother Cabrini's childhood imagination of

missionary journeys. The celebration also featured an Italian-American heritage table,

honoring her Italian roots. The week was capped off with moments of quiet reflection in the Sacred Heart Chapel for adoration and personal prayer.

A special Feast Day Mass brought the entire Cabrini family together, where alumnae from the Class of 1974 received their 50-year pins, designed to reflect Mother Cabrini's devotion to the Sacred Heart of Jesus. During the Mass, interim president Deacon Durr announced his new leadership role and later that evening shared thrilling news: a multimillion-dollar investment by the Missionary Sisters of the Sacred Heart of Jesus to enhance Cabrini High School's campus and educational facilities.

Within days, construction cranes arrived, marking the start of an exciting chapter on the holy ground where Mother Cabrini lived, worked, and prayed.

The week concluded with the Love Your Neighbor Food Drive, embodying Mother Cabrini's example of service. Proceeds supported Love Your Neighbor NOLA, a nonprofit founded by Nadia Sanchez, Class of 2005, in honor of her mother, who was tragically lost to violence in 2018. The organization disrupts cycles of trauma and violence through acts of love and radical generosity, bringing hope to underserved communities.



Eighth grade "Violets" proudly stand beside their food drive basket with donations for Love Your Neighbor NOLA.

A truly special thanks to Campus Minister Ms. Nicole Jouandot and the extraordinary Campus Ministry Team of students for organizing this faith-filled week, and to everyone who joined in celebrating Cabrini High School's heritage and legacy of service in action.

*~ submitted by Anne DiPaola, Communications Director, Cabrini High School*



**The Guadalupe Province Communications Office extends a warm welcome to Anne DiPaola, the new Communications Director at Cabrini High School. The article above is her first submission to The Update. We look forward to having Anne share more "good news" from our friends in New Orleans.**





One of the many pilgrims at the St. F.X. Cabrini Shrine on the Feast Day reverently places her hand on the altar where Mother Cabrini lies in repose.

## Celebrating Frances Cabrini's New York Roots at the Shrine in Upper Manhattan

Hundreds of pilgrims made their way to the St. Frances Cabrini Shrine in Upper Manhattan on Wednesday, November 13th for Mass to mark the feast day of the saint who changed New York.

Students from four uptown Catholic schools joined with pilgrims from the New York region to celebrate. A video reporter from The Good Newsroom joined us to capture the joy of the day. ~ submitted by Julia Attaway, Executive Director, St. F.X. Cabrini Shrine

To view a video by the GoodNewsroom on the Feast Day please click [here](#)

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## Prayer Requests

### ***Yvonne Hrapmann***

Your prayers are requested for Yvonne Hrapmann, the Principal of Cabrini High School in New Orleans. Yvonne underwent surgery on Tuesday, November 19<sup>th</sup>. Pray that her recovery will be swift and uneventful. Yvonne would be so grateful for our prayerful accompaniment.

### ***Julie Metz***

Vickie Pellecchia asks for prayers for her neighbor, Julie Metz, who hopes to be accepted as a candidate for a lung transplant before the end of the year and have successful surgery early next year.

### ***Special Intention***

A member of the Cabrinian community asks our prayers for a special intention.

*As we journey through this Advent season, we are pleased to share the reflections of our Cabrini Lay Missionaries. The reflection for the First Sunday in Advent is by Lorraine Campanelli, CLM Director.*



The second reading at Mass on the First Sunday of Advent is a beautiful introduction to the Season of Advent.

**In 1 Thessalonians 3:12-13, we pray:**

Brothers and sisters:  
May the Lord make you increase and abound in love  
for one another and for all,  
just as we have for you,  
so as to strengthen your hearts  
to be blameless in holiness before our God and Father  
at the coming of our Lord Jesus with all his holy ones.

It is all about love, love of God, love of self and love for one another. Imagine what our lives would be like if we could totally fathom the love that God has for each of us.

**Reflection:** As I look upon the one candle illuminated on the Advent wreath, what comes to my heart?

Spend some time reflecting on the love that God has for you. Can I feel God's love when I hear the words, "God loves you, no matter what?" God loves you with a love that can never be taken away.

On this first Sunday of Advent, as we prepare our hearts to celebrate Jesus' arrival, let us stir up in our hearts a sense of loving anticipation.



*~ reflection by Lorraine Campanelli, Cabrini Lay Missionary*

# Giving Thanks

For the expanding grandeur of creation, worlds known and unknown, galaxies beyond galaxies, filling us with awe and challenging our imaginations:  
We give thanks this day.

For this fragile planet earth, its times and tides, its sunsets and seasons:  
We give thanks this day.

For the joy of human life, its wonders and surprises, its hopes and achievements: We give thanks this day.



For our human community, our common past and future hope, our oneness transcending all separation, our capacity to work for peace and justice in the midst of hostility and oppression: We give thanks this day.

For high hopes and noble causes, for faith without fanaticism, for understanding of views not shared:  
We give thanks this day.

For all who have labored and suffered for a fairer world, who have lived so that others might live in dignity and freedom: We give thanks this day.

For human liberty and sacred rites, for opportunities to change and grow, to affirm and choose: We give thanks this day.

We pray that we may live not by our fears but by our hopes, not by our words but by our deeds. We give thanks this day. - O. Eugene Pickett, [JesuitResource.org](http://JesuitResource.org)

The Missionary Sisters wish everyone a blessed and Happy Thanksgiving!

*(To our Update readers in distant lands: each year on the last Thursday in November, the United States observes Thanksgiving Day, a day of offering thanks for all blessings great and small. We give thanks especially for our international Cabrinian Family and our ministries throughout the world.)*