



U.S. Sisters Called to Be Healing Presence

~ by *Chris Herlinger and Dan Stockman, National Catholic Reporter, Global Sisters Report*

Sisters across the United States expressed their dismay that former President Donald Trump will return to the White House — and shared their determination to serve the vulnerable, while fostering hope and unity among Americans.

They also called each other and the nation to focus on what really matters and to meet the needs of those around us.

Sr. Jean Anne Zappa, president of the Ursuline Sisters of Louisville, Kentucky, offered these thoughts:

The faithful must remain hopeful for leaders who work for the benefit of all, she said.

"Now, more than ever, we need leaders in our country who have hope and a vision for the future. We need leaders of high moral character who work for the common good," Zappa wrote.

But, she said, we cannot just be hopeful that others will do what is right. We must be an example.

"We have much to be hopeful for in our country, but we also have much work to do. We remain a country that continues to grapple with racism, misogyny, and violence," she wrote. "We continue to pray for our elected officials, that they may govern with wisdom, prudence, and hope."



A Nuns on the Bus rally held in Brentwood, NY last month sponsored by Network, a social justice advocacy non-profit. Photo credit: OSV-News/Gregory A. Shemitz

Officials at Network Catholic social justice lobby, said that since America's founding, we have been working to live up to our principles and the election results only make the need for that work to continue more obvious.

"We will continue the mission to promote policies that affirm the dignity of all people with the knowledge that every person — regardless of zipcode, race, creed, economic status, gender, or sexual orientation — has inherent dignity and deserves to share in the freedoms promised in the organizing documents of this country," they said in a statement.



Mother and children at the US - Mexico border. Photo credit: Brazilli

Network officials said America can be a nation that works for all people, not just a fortunate few.

"The threats that lie ahead for us, especially the most marginalized communities, as the Trump administration seeks to enact its policy agenda are quite clear," [the statement said](#), calling on the president-elect to reconsider his

promise of mass deportations, tax cuts for the wealthy, and other policies against Catholic social tradition.

The Sisters of St. Joseph of Philadelphia issued [a statement](#) saying that whatever happens, whatever the divisions, whatever the challenges, the answer is love.

"We acknowledge our concern for persons living on the margins and renew our commitment to stand with them," they wrote. "In these coming weeks and months, may we, in the spirit of our foundresses, circle our nation with love. Together, let us be a healing presence for every kind of dear neighbor without distinction."

To read the entire article, please click [here](#)

Publication Notice

Due to the Thanksgiving holiday in the US,
The Update will not be published on Thursday, November 28th.

The Update will publish a Thanksgiving edition on Thursday, November 21st.

New Immigrants Celebrate Mother Cabrini's Feast



Gathering at St. F.X. Cabrini Shrine in Upper Manhattan for Mass, these newly arrived immigrants shared prayer and conversation.

On Friday, November 8, St. Frances Cabrini Shrine in Upper Manhattan welcomed approximately 150 newly-arrived immigrants for a special Mass to introduce them to Mother Cabrini, Patroness of Immigrants. Bishop Edmund Whalen, who has visited the Shrine since he was as a young boy, gladly celebrated.



These two youngsters really wanted to get to know Mother Cabrini up close!

The joy and hope in the chapel was palpable. After the Mass, a spread of empanadas and pupusas provided ample opportunity for community and conversation. One comment overheard between a visitor and his priest (translated from Spanish), "We don't have a statue of Mother Cabrini in our church! We need to get one!"

The reply: "Absolutely!" ~ submitted by Julia Attaway, Executive Director, St. F.X. Cabrini Shrine, NYC



Following Mass, the Shrine visitors enjoyed conversation and tasty food.

“Adopt a Grandparent” Afternoon



There were big smiles all around as high school students visited St. Cabrini Nursing Home for an ‘adopt a grandparent’ day.

Some of our high school students from Cabrini Immigrant Services (CIS), Dobbs Ferry, NY decided to use their day off from school on November 5th to visit some of the residents at St. Cabrini Nursing Home. The students ‘adopted a grandparent’ for an afternoon. They had great conversations and enjoyed making different crafts with the residents.

It was a beautiful afternoon seeing the smiles on the residents and the gleam in their eyes as they shared stories about when they were young. Conversations included what it was like growing up without computers and cell phones. Some students couldn’t believe that some of the residents didn’t have TVs and phones when they were very young. The residents enjoyed listening to the students talk about all the

different things they do with modern technology.

While discussing the different topics, the students helped the residents make a paper cornucopia and a small pumpkin. By the end of the program, the residents didn’t want the students to go home. In fact, they decided they wanted to adopt all of them.

The students enjoyed being at the nursing home so much that they are already planning a special Christmas program for the residents. They can’t wait to go back on December 23rd.



Everyone benefits from intergenerational visits!

~submitted by: Lorraine Campanelli, Director, CIS-Dobbs Ferry, NY

Mother Cabrini Shrine - Feast Day Celebrations!



Many people traveled to the Mother Cabrini Shrine for the Feast Day. Fr. John Lager, OFM, Cap. (l.) presided at the special liturgy.

The Mother Cabrini Shrine community in Golden, Colorado celebrated the Feast of St. Frances Cabrini with a special feast day noon liturgy on Wednesday, November 13. Fr. John Lager, O.F.M., Cap. celebrated Mass and reminded those in attendance and via livestream that we are all called to trust in God's providence just

as Mother Cabrini did. He also encouraged everyone to model their lives after her and take their fears, worries, and needs to the Heart of Jesus.

The Shrine community also prayed the novena to Mother Cabrini together during the nine days leading to the feast before Mass each day. The prior weekend Masses also included anticipatory celebrations with the veneration of Mother's relic and special holy cards to serve as reminders of Mother Cabrini's love and devotion to the Sacred Heart.

~ submitted by JoAnn Seaman, Executive Director, Mother Cabrini Shrine



One Minute Meditation

No matter how pressed my life is or how fraught with difficulty, my desire to be aware is restored most often through finally stopping, or being stopped, by the sheer magnificence of creation. When I have freed my spirit to become aware, I have never failed to find meaning and hope, gratitude and peace, comfort and encouragement in God's creation.

~ Joyce Rupp, The Cosmic Dance

A Most Outstanding Recognition

Sue Williams, the CEO of Cabrini Health in Australia, advised that the Cabrini Asylum Seeker and Refugee Hub Service won a Commonwealth award for our primary care team of GPs and refugee health nurses in the category of “Ensuring all Australians have access to quality healthcare, wherever they live”.



Staff members of the Cabrini Asylum Seeker and Refugee Hub Service were honored for their work by receiving a Commonwealth Award. Congratulations!

This is an outstanding achievement given there were more than 140 submissions for this award, which was presented in Canberra by Prime Minister Albanese. Mark Butler Minister for Health and Ged Kearney Assistant Minister for Health were also in attendance.

~ submitted by Sue Williams, Cabrini Health, with thanks to Sr. Diane Olmstead, MSC

Prayer Requests

Foundation Day

Today, November 14th is Foundation Day for the Institute of the Missionary Sisters of the Sacred Heart of Jesus. On this day, in 1880, the first Mass was celebrated in the convent in Codogno, Italy. Please keep all the Missionary Sisters in your prayers in a special way today.

Bill Pierson

Please unite in prayer for Bill Pierson, the husband of Susan Pierson, CLM. Mr. Pierson is recovering from major surgery. Pray that he continues to heal and will soon regain his strength.

Prayers for the U.S. governmental transition

Many people have contacted the MSCs asking for prayers for the USA as we transition to the incoming administration. Prayers for hope, truth, wisdom, justice and compassion for all, especially immigrants, migrants and refugees have been requested. Mother Cabrini, pray for us.

Sr. Roseanne Tribuiani, SSJ

Kindly unite in prayer for Sr. Roseanne who will be undergoing eye surgery at Wills Eye Hospital in Philadelphia on November 19th. Sr. Roseanne is a graduate of St. Donato School in Philadelphia.

In Loving Memory

Theresa DiTomo

Please pray for the repose of the soul of Theresa DiTomo, who died suddenly on Sunday, November 10th. Theresa is a friend and former student of Sr. Christine Marie Baltas, MSC and was a graduate of St. Donato School in Philadelphia.

