



October 3, 2024

Cabrinian Observances for the World Day of Migrants and Refugees

On Sunday, September 29th, the Catholic Church around the world observed the World Day of Migrants and Refugees. Cabrinian ministries in the Guadalupe Province marked the day, each in its own special way.

Cabrini Immigrant Services – NYC

On Friday, September 27th, Cabrini Immigrant Services of NYC celebrated the 2024 World Day of Migrants and Refugees with staff and clients. Together, we created a mural collage symbolizing our individual and collective journeys, stories, and experiences. Inspired by this year's theme, *He Walks with His People*, each participant contributed photos and shared personal reflections on the



Photo above: Teamwork of staff and clients was the key to creating the mural for the World Day of Migrants and Refugees. **Photo left:** The finished mural.



meaning of the day and their chosen artwork. We spent the morning sharing stories, food, and building community. Sr. Yolanda Flores, MSC led a prayer and guided a discussion on how we can come together under God. Executive Director Javier Ramirez-Baron shared a reflection on the significance of the day and how it connects to our work, rooted in the mission of Mother Cabrini of building

a world where dignity, respect, and inclusion are prioritized for all.

~ submitted by Amelia Scioris, Cabrini Immigrant Services - NYC



Justifiably pleased and proud of the beautiful collage that the CIS-NYC staff and clients created, the group takes time for a photo to share their artwork.

Cabrini Immigrant Services & St. Cabrini Nursing Home, Dobbs Ferry, NY



Lorraine Campanelli and Fr. Ron Galt were instrumental in preparing the observances for the World Day of Migrants and Refugees.

Cabrini Immigrant Services (CIS) along with St. Cabrini Nursing Home joined in observing the week leading up to the World Day of Migrants and Refugees. Lorraine Campanelli, the Director of CIS, started the week by giving a reflection at Mass at the nursing home on September 23rd. Using the theme, “God walks with His people,” Lorraine likened the theme to the Gospel reading about the Road to Emmaus. She reminded us that we need to see the Jesus in each other. When we recognize that, we recognize each other as sister and brother.

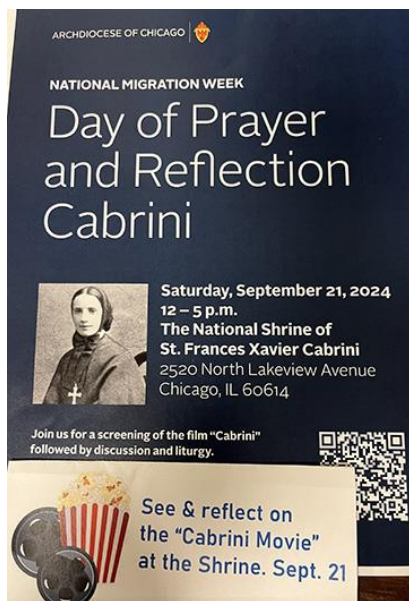
Fr. Ron Galt, Vice President of Mission and Pastoral Care at St. Cabrini Nursing Home, prayed special intentions for Migrants and Refugees during the Prayers of the

Faithful each day at Mass. In addition, a special noon day prayer was prayed along with the prayer for the blessing of the food.

A statue of Mother Cabrini, a globe and the flags of different countries were displayed in front the altar for the week. It was a reminder to pray for all our sisters and brothers who are struggling to find peace, safety, and a home.

The week closed with a Mass on September 29th which was offered for all our migrant and refugee sisters and brothers. ~ submitted by Lorraine Campanelli, Director, CIS- Dobbs Ferry, NY

National Shrine of St. Frances Xavier Cabrini, Chicago, IL



On Saturday, September 21, 2024, the National Shrine collaborated with the Archdiocese of Chicago, hosting a viewing of the Cabrini Film at the Shrine. This was one of three events of the Archdiocese for Migration Month.

The film was shown, and a discussion followed using the United States Council of Catholic Bishops discussion guide created for the film. The focus of the guide is understanding how the three themes of Catholic Social Teaching: Human Dignity, Solidarity and The Preferential Option for the Poor and Vulnerable are embodied in the life of Mother Cabrini and the movie.

Mary Lou Matheke, from the Archdiocesan Office for Human Dignity and Migration, led the lively discussion. Sr. Laura Baldini, MSC was also present to the group. The response was very positive. Many left asking "what can I do to respond to the needs?" Attendees joined the Shrine community for the 4 pm Vigil Mass.



Mary Lou Matheke, (c.) from the Chicago Archdiocesan Office for Human Dignity and Migration led a discussion following the showing of the CABRINI film.

~ submitted by Laurie Halaska and Nancy Golen, National Shrine of St. F.X Cabrini

NY Shrine Holds Mass for Peace in the Holy Land

On Friday, St. Frances Cabrini Shrine held a Mass for Peace in the Holy Land, followed by a panel discussion of what it is like for Catholics living there and how we can help. The evening closed with a beautiful Holy Hour.



Fr. Kareem Smith of the Archdiocese of NY moderated a panel discussion discussing how people can assist Catholics living in the Holy Land.

Fr. Kareem Smith, head of intercultural affairs for the Archdiocese of New York, moderated the panel. Salem Farmand, a young Palestinian Catholic, spoke of his family's experiences living in the Holy Land. Mother Mary Doliente, Superior of the Servant Sisters of the Lord and Our Lady of Matará in East Harlem, talked about the Servidoras' mission in Gaza. There were many inspiring stories of deep faith and hope.

The Holy Hour featured live music and many candles. It was peaceful. It was prayerful. It was healing.

Jesus, pour out your love and peace on the people of the Holy Land.

~ submitted by Julia Attaway, Executive Director, St. F.X. Cabrini Shrine, NYC



Photo above: A well-attended and lively discussion took place that evening at the Shrine.

Photo left: Candlelight created a peaceful ambience for the Adoration of the Blessed Sacrament at the Shrine.

Preparing for the Change of Season



September brings many changes besides the changing colors of the leaves. Cabrini Immigrant Services (CIS), Dobbs Ferry, wanted to help our clients prepare for the Fall Season so we held two programs.

On September 13th, we held a Women's Workshop entitled, "Si, Puedo." (If I can.) Betsy Suarez, a licensed mental health counselor, presented the workshop. Betsy spoke about self-care and building healthy boundaries so that we do not get burned-out. September seems to be a hectic month as children return to school, some return to work, women have to prepare for the upcoming holidays, etc. Betsy shared ways of helping the women reduce stress and to not feel guilty about taking time for themselves.



A Women's Workshop was held at Cabrini Immigrant Services in Dobbs Ferry, NY conducted by Betsy Suarez, licensed mental health counselor.

On September 18th, a **STARS** (**S**tory**T**elling, **A**rt, **R**eading and **S**ocialization) Program was held for our children in Grades Kindergarten to 1st. Wendy Mages, Ed.D., a professor at Mercy University, Dobbs Ferry, NY and a trained storyteller, presented the book, First Day Jitters by Julie Danneberg. The book is about students returning to school for a new school year. We discussed some of



Youngsters listen attentively as Dr. Wendy Mages reads "First Day Jitters" about the first day of school.



This little person proudly shows off her colorful artwork.

the ‘jitters’ that students feel when they go to a new school, like the kindergarteners or when they return to school but are now in a new class. Some said that they were worried about making friends or if the other students would like them, etc. After the discussion, the students drew self-portraits and then wrote positive statements such as “I will be kind.” They also colored a picture of a backpack. They wrote and drew their hopes and goals for the school year.

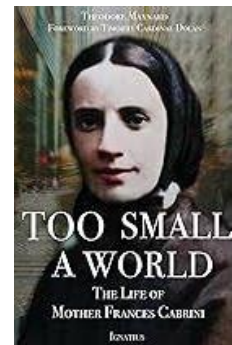
We are looking forward to the Fall season and all the beauty that it brings.

~ submitted by Lorraine Campanelli, Director, CIS, Dobbs Ferry, NY



Too Small a World... now available in Braille

This week, the Guadalupe Province Communications Office received an email from Ms. Aisling Redican who is the Communications and Fundraising Manager for Xavier Society for the Blind in New York City. Since 1900, Xavier Society for the Blind has been providing free braille, large print and audio books to blind and visually impaired people worldwide in order for them to learn about, develop, and practice their Catholic faith.



She wrote to say, “I am writing to let you know that *Too Small a World: The Life of Mother Frances Cabrini* was transcribed into braille and made available in our library. We shared the attached photo of the braille book (in 6 volumes) on our [Facebook](#), [Instagram](#), and [Twitter feed](#); please feel free to do so as well.

If you need any more information or know of anyone in need of our services or interested in supporting our ministry, please do not hesitate to reach out. We have thousands of books available in braille and audio and serve clients of all ages and faiths, from North Macedonia to South Africa. We are trying to serve more people in new and innovative ways during these challenging times. Although XSB has been around for 124 years, we often hear we are a best kept secret and that is something we are trying to change.” ~ submitted by Aisling Redican, Xavier Society for the Blind

Nuns on the Bus Kick Off Voting Tour

Network's The Nuns on the Bus & Friends kicked off their 2024 "Vote Our Future" nonpartisan voter education tour with a rally in JFK Plaza in Philadelphia on September 30. The second stop of the tour was a "Town Hall to Vote Our Future" at St. Joseph's University where former Cabrini University professor Dr. Jerry Zurek met up with some Cabrini (College) University alumnae.

Nuns on the Bus & Friends is a nonpartisan voter education project of NETWORK Advocates for Catholic Social Justice.



From left: Cabrini College alumnae Carolyn Morgan, Claire Roth, Mary Kay Burke and Sheila Breen greet Dr. Jerry Zurek.

Meet the Eucharistic Pilgrims

ON THE ROAD WITH JESUS

8
OCTOBER
7:00 - 9:00 PM

CABRINI SHRINE
701 FORT WASHINGTON AVE
NEW YORK, NY 10040

FEATURING :
Father Roger Landry,
Marina Frattaroli, and
Zoe Dongas

Taking the Eucharistic Jesus Out Into The World:
Lessons from the National Eucharistic Pilgrimage,
Bl. Carlo Acutis, and St. Frances Cabrini.

FOR MORE INFORMATION 212-923-3536 info@cabrinishrinenyc.org

Last May, the Shrine was the first stop on the Manhattan leg of the National Eucharistic Pilgrimage. Hundreds of people turned out to walk with Jesus through the streets of New York. Among them were the six "perpetual pilgrims" of the Seton Route who committed to walking the entire route to Indianapolis -- nearly 1,100 miles!

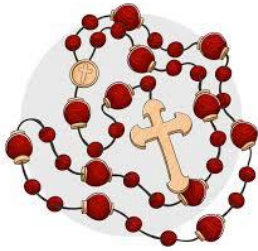
On October 8, we're excited to welcome back three of our perpetual pilgrims - Fr. Roger Landry, Marina Frattaroli, and Zoe Dongas. This time, they'll share their experiences of taking the Eucharistic Jesus out into the world and across the country. Join us to hear tales of blessings and blisters, dedication and devotion. Come prepared to be inspired! This is a

free event. For more information feel free to contact: 212-923-3536 or info@cabrinishrinenyc.org ~ submitted by Julissa Espinal, Associate Director, St. F.X. Cabrini Shrine

October is the Month of the Holy Rosary

~by Richard Szezepanowski, *Catholic Standard*

Every year during October, the Catholic Church asks the faithful to spend some time thinking about the Blessed Virgin Mary and praying a prayer closely associated with her: the rosary. For many centuries, the Church has taught that the rosary is one of the greatest ways to pray. In these worrisome times, great comfort and solace can be found in the prayers of the rosary.



Pope Leo XIII, a great devotee of Our Lady, and friend of Mother Cabrini, once said the rosary has the “power to instill confidence into the hearts of those who pray it” regularly.

Prayer Requests

For those in Texas

Sr. Renee Kittelson, MSC requests prayers for Garcia White, Robert Robertson and Derrick Dearman who have been, or are scheduled to be, put to death in Texas.

Emily Gudas

Again, this week, we ask you to continue your prayers for Emily Gudas who remains in the ICU in Children’s Hospital of Philadelphia. Pray that healing will begin following her surgery and that her anxiety will soon lessen. Continue to pray for her parents Mark and Sharon, both Cabrini College graduates, as they continue to support Emily through her illness.

Prayers for the MSC Assembly

From October 13th – 18th, Missionary Sisters and their lay colleagues from the Guadalupe Province, along with Sr. Eliane Azevedo da Silva, MSC, General Superior and General Councilor Sr. Gilda Mendoza Argueta, MSC, will be gathering in North Jersey for the Provincial Assembly. Please pray that the Holy Spirit will be present to all to inspire and inform their deliberations and decision making. Please pray, too, that all may travel safely to and from the Assembly.

Prayers for the Synod

The Synod will be in session at the Vatican from October 2 – 27th. The theme is “Pilgrims of Hope”. Please hold the Synod in your prayers.